

HEALTH AND EXERCISE SCIENCE, BACHELOR OF SCIENCE - PUBLIC HEALTH OPTION

Dr. Rockie Pederson, Department Head

J.W. Hull Physical Education Building, Room 110

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Curriculum

Course	Title	Hours	Completed
Freshman			
Fall			
BIOL 1014	Introduction to Biological Science	4	_____
ENGL 1013	Composition I ¹	3	_____
HLED 1513	Lifetime Health and Fitness	3	_____
MATH 1113	College Algebra	3	_____
PE 1201	Orientation to Kinesiology	1	_____
Elective ²		3	_____
	Hours	17	
Spring			
AHS 2013	Medical Terminology	3	_____
ENGL 1023	Composition II ¹	3	_____
FAH 1XXX	Fine Arts and Humanities Courses ¹	3	_____
PHSC XXXX	Physical Science with Laboratory ¹	4	_____
PSY 2003	General Psychology	3	_____
	Hours	16	
Sophomore			
Fall			
COMM 2003 or COMM 2173	Public Speaking or Business and Professional Speaking	3	_____
PE 2653	Anatomy and Physiology	3	_____
POLS 2003	American Government	3	_____
RS 2003	Introduction to Rehabilitation Science	3	_____
SOC 1003	Introductory Sociology	3	_____
	Hours	15	
Spring			
FAH 1XXX	Fine Arts and Humanities Courses ¹	3	_____
PE 3661	Laboratory Experiences in Anatomy/ Physiology and Kinesiology	1	_____
SEED 2113	Human Development and Learning Theories	3	_____
SPED 2023	Development and Characteristics of Diverse Learners	3	_____
SOC 2033	Social Problems	3	_____
Elective ²		3	_____
	Hours	16	
Junior			
Fall			
HIM 3023	Introduction to Health Information Management	3	_____

HLED 3203	Consumer Health Programs	3	_____
HLED 4403	Sport and Exercise Nutrition	3	_____
PE 3543	Lifespan Motor Development	3	_____
SOC 3013	Psychosocial Aspects of Death and Dying	3	_____
Hours		15	
Spring			
HIM 3132	Health Data and Statistics	2	_____
HLED 4303	Methods and Materials in Health for Grades K-12	3	_____
PSY 3063	Developmental Psychology: Childhood	3	_____
RS 4233	Diversity and Inclusion in Human Service Settings	3	_____
Elective ²		3	
Hours		14	
Senior			
Fall			
HIM 4063	Organization and Administration	3	_____
HIM 4153	Principles of Disease	3	_____
SOC 4013	Drugs in Society	3	_____
SOC 4183	Social Gerontology	3	_____
Elective ²		3	
Hours		15	
Spring			
HES 4012	Health and Exercise Science Internship	12	_____
Hours		12	
Total Hours		120	

¹ See appropriate alternatives or substitutions in "General Education Requirements (<https://catalog.atu.edu/undergraduate/general-education-requirements/>)".

² Twelve (12) hours are recommended from the following: ART 1303 Introduction to Drawing, ART 1503 Introduction to Graphic Design, COMM 4153 Persuasive Theory and Audience Analysis, OL 4143 Nonprofit Organizations, OL 4343 Community Development and/or OL 4643 Organizational Globalization and Diversity.