

HEALTH AND PHYSICAL EDUCATION, BACHELOR OF SCIENCE

(Including Teacher Licensure Requirements)

See the College of Education (<https://catalog.atu.edu/undergraduate/programs/education-health/#text>) page for additional requirements.

For licensure, students must achieve the minimum score on the Praxis II Specialty Area and Principles of Learning Teaching Tests as determined by the Arkansas Department of Education. For further requirements see Admission and Retention to Teacher Education (<https://www.atu.edu/oucatalog/current/undergraduate/colleges/education/>) and also the Criteria for Internships (<https://www.atu.edu/oucatalog/current/undergraduate/colleges/education/>) located on the College of Education home page.

Selected Second Teaching Fields

Students are encouraged to meet at least minimal licensure requirements in a second field of teaching in addition to their major field of study.

Licensure requirements in Driver Education are as follows: Hold or be qualified to hold a standard secondary certificate; Driver Education I, two semester hours; Driver Education II, two semester hours; First Aid, two semester hours. Total of 6 semester hours.

Curriculum

The matrix below is a sample plan for all coursework required for this program.

Course	Title	Hours
Freshman		
Fall		
ENGL 1013	Composition I ¹	3
MATH 1113	College Algebra	3
BIOL 1014	Introduction to Biological Science	4
HLED 1513	Lifetime Health and Fitness	3
HES 1002	Physical Health and Fitness	2
PE 1201	Orientation to Health, Physical Education, and Wellness Science	1
Hours		16
Spring		
ENGL 1023	Composition II ¹	3
SS 1XXX	Social Science Courses ¹	3
PHSC XXXX	Physical Science with Laboratory ¹	4
PE 2111	Methods of Teaching Individual Activities	1
PE 2513	First Aid	3
Hours		14
Sophomore		
Fall		
USHG 1XXX	U.S. History and Government ¹	3
COMM 2003	Public Speaking	3
PE 2101	Methods of Teaching Team Activities	1
PE 2523	Foundations in Health and Physical Education	3
PE 2653	Anatomy and Physiology	3
PE 3101	Methods of Teaching Rhythmic and Gymnastic Movements	1
Hours		14

Spring		
FAH 1XXX	Fine Arts and Humanities Courses ¹	6
SS 1XXX	Social Science Courses ¹	3
SEED 2002		2
PE 3051	Methods of Teaching Fitness and Wellness Concepts	1
PE 3661	Laboratory Experiences in Anatomy/Physiology and Kinesiology	1
PE 3663	Kinesiology	3
Hours		16
Junior		
Fall		
HLED 3203	Consumer Health Programs	3
HLED 4403	Sport and Exercise Nutrition	3
PE 3543	Motor Development and Lifespan Applications in Pedagogy	3
PE 3413	Coaching Theory	3
PE 3573	Prevention and Care of Athletic Injuries	3
PE 4033	Exercise Physiology	3
Hours		18
Spring		
SEED 3702		2
HLED 4303	Methods and Materials in Health for Grades K-12	3
Select one of the following:		2
PE 3512	Coaching Strategies: Football & Baseball	
PE 3522	Coaching Strategies: Basketball & Track and Field	
PE 3532	Coaching Strategies: Softball and Volleyball	
PE 3583	Methods and Materials in Physical Education for Kindergarten and Elementary Grades	3
PE 3603	Methods and Materials in Physical Education for Secondary Schools	3
PE 4513	Organization and Administration of Health and Physical Education	3
Hours		16
Senior		
Fall		
SEED 4054		4
SEED 4556		6
PE 4203	Methods of Teaching Adapted Physical Education	3
PE 4523	Measurement and Evaluation in Health and Physical Education	3
Hours		16
Spring		
SEED 4503	Seminar in Secondary Education	3
SEED 4809	Residency B ²	9
PE 4701	Special Methods in Health and Physical Education	1
Hours		13
Total Hours		123

¹ See appropriate alternatives or substitutions in "General Education Requirements (<https://catalog.atu.edu/undergraduate/general-education-requirements/>)".

² Three semester hours of the student teaching requirement must be completed at the elementary or middle school level, below the ninth grade, where the cooperative teacher is certified in Elementary Physical Education or student must complete a three-semester-hour internship under direct supervision from the staff of the University's Physical Education Department.