

HEALTH AND PHYSICAL EDUCATION, BACHELOR OF SCIENCE

Dr. Rockie Pederson, Department Head

J.W. Hull Physical Education Building, Room 110

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Curriculum

Course	Title	Hours	Completed
Freshman			
Fall			
BIOL 1014	Introduction to Biological Science ²	4	_____
ENGL 1013	Composition I ¹	3	_____
HES 1002	Physical Health and Fitness	2	_____
HLED 1513	Lifetime Health and Fitness ²	3	_____
MATH 1113	College Algebra ²	3	_____
PE 1201	Orientation to Health, Physical Education, and Wellness Science ²	1	_____
Hours		16	
Spring			
ENGL 1023	Composition II ¹	3	_____
FAH 1XXX	Fine Arts and Humanities Courses ¹	3	_____
PE 2111	Methods of Teaching Individual Activities ²	1	_____
PE 2513	First Aid ²	3	_____
PHSC XXXX	Physical Science with Laboratory ¹	4	_____
SS 1XXX	Social Science Courses ¹	3	_____
Hours		17	
Sophomore			
Fall			
COMM 2003	Public Speaking ²	3	_____
PE 2101	Methods of Teaching Team Activities ²	1	_____
PE 2523	Foundations in Health and Physical Education ²	3	_____
PE 2653	Anatomy and Physiology ²	3	_____
SEED 2003	Education as a Profession ²	3	_____
USHG 1XXX	U.S. History and Government ¹	3	_____
Hours		16	
Spring			
EDMD 2013	Integrating Instructional Technology	3	_____
FAH 1XXX	Fine Arts and Humanities Courses ¹	3	_____
PE 3661	Laboratory Experiences in Anatomy/Physiology and Kinesiology ²	1	_____
PE 3663	Kinesiology ²	3	_____
SEED 2113	Human Development and Learning Theories ²	3	_____
SS 1XXX	Social Science Courses ¹	3	_____
Hours		16	

Junior**Fall**

PE 3101	Methods of Teaching Rhythmic and Gymnastic Movements ²	1	_____
HLED 4403	Sport and Exercise Nutrition	3	_____
PE 3413	Coaching Theory ²	3	_____
PE 3543	Motor Development and Lifespan Applications in Pedagogy ²	3	_____
PE 3573	Prevention and Care of Athletic Injuries ²	3	_____
PE 4033	Exercise Physiology ²	3	_____
Hours		16	

Spring

HLED 3203	Consumer Health Programs ²	3	_____
HLED 4303	Methods and Materials in Health for Grades K-12 ²	3	_____
PE 3051	Methods of Teaching Fitness and Wellness Concepts ²	1	_____
Select one of the following:		2	
PE 3512	Coaching Strategies: Football & Baseball ²		_____
PE 3522	Coaching Strategies: Basketball & Track and Field ²		_____
PE 3532	Coaching Strategies: Softball and Volleyball ²		_____
PE 3583	Methods and Materials in Physical Education for Kindergarten and Elementary Grades ²	3	_____
PE 4513	Organization and Administration of Health and Physical Education ²	3	_____
Hours		15	

Senior**Fall**

PE 3603	Methods and Materials in Physical Education for Secondary Schools ²	3	_____
PE 4203	Methods of Teaching Adapted Physical Education ²	3	_____
PE 4523	Measurement and Evaluation in Health and Physical Education ²	3	_____
SEED 4553	Classroom Application of Educational Psychology ²	3	_____
SPED 4052	Educating Diverse and Exceptional Learners ²	2	_____
Hours		14	

Spring

PE 4701	Special Methods in Health and Physical Education ²	1	_____
SEED 4503	Seminar in Secondary Education ²	3	_____
SEED 4809	Residency B ^{2,3}	9	_____
Hours		13	
Total Hours		123	

¹ See appropriate alternatives or substitutions in "General Education Requirements (<https://catalog.atu.edu/undergraduate/general-education-requirements/>)".

² Must earn a grade of "C" or better.

- ³ Three semester hours of the student teaching requirement must be completed at the elementary or middle school level, below the ninth grade, where the cooperative teacher is certified in Elementary Physical Education or student must complete a three-semester-hour internship under direct supervision from the staff of the University's Physical Education Department.